

March 24, 2024

Palm Sunday of the Lord's Passion



Building Faith @ HOME

[1st Reading: Mk 11:1-10](#)
[Responsorial Psalm: 22:8-9, 17-18, 19-20, 23-24](#)
[Second Reading: Phil 2:6-11](#)
[Gospel: Mk 14:1-15:47](#)

Palm Sunday begins with jubilation as Jesus enters into Jerusalem. The crowd cheers and shouts "Hosana" while waving palms. As participants in today's liturgy, we are immersed into the readings, doing the same actions. As we continue in the Liturgy of the Word, we, the crowd, journey with Jesus to the Cross. As the Gospel is read, the crowd in Jerusalem quickly changes their tone. Shouts of joyful "Hosana" become angry demands, "Crucify him!" We come to realize that Jesus is sacrificing himself for our sinfulness. Jesus loves us beyond imagination. He is our Savior.

Holy Week invites us all to let go of self love and embrace the Lord anew by saying 'Yes' to the invitation to continuing conversion. How desperately we all need to hear the Good News that we can begin again!

As we begin this journey with Jesus, we can identify times in our lives when we too may have felt abandoned. All of our own sufferings can be shared in the passion of Christ. His suffering was not in vain but rather became a source of abundant life for us. So our suffering and times of feeling alone can be joined to Christ and transformed by God into a source of life. Christ promises to be with us so we never are left alone. (*Living Liturgy*, Liturgical Press. 2024. pg. 89,)

Missionary Discipleship: "Over the coming days, the Church invites us to accompany our brother Jesus on his journey to Jerusalem. The liturgies of Holy Week offer chances to feel with Jesus and his disciples - the palm branches waving joyfully, the water that washes over our feet, the bread and wine shared in memory of Christ, and the wood of the cross. As you read and hear the passion narrative, keep an eye on all the unnamed characters who bring the story to life. If you were present at the passion, what role do you hope you would play?" (*Living Liturgy*, Liturgical Press. 2024. pg. 89,)

Family Table Talk

Children: Name one thing that you will do each day this week to remind you that Jesus died and rose to new life for you.

Youth: We hear the story of Jesus' death each year. What did you hear differently this year? How has your faith changed in the past year?

Adults: Identify and share one way that you personally "die in Christ."

Pray - Read and pray with the Holy Week Scriptures ([USCCB.org](#))

Fast - Add an extra day of fasting this week

Give - Catholic Charities is in need of basic food and personal care items

Links for More Ideas, Activities & Resources FYI

[Busted Halo.com](#): Your Essential Guide to the Triduum (Teens & Adult Faith Builder)

[dynamiccatholic.com](#): A Catholic Guide to Holy Week 2024 (All ages Faith Builders)

[Syracuse Google Doc](#) : Food Pantry Donations Needed for area Catholic Charities

[BurningHeartsDisciples.org](#): Palm Branches-An opportunity to bring faith home

[Teachingcatholickids.com](#) - Holy Week - Ideas for Families [day by day] (All ages Faith Builders)

[ncregister.com](#): Ten things to know about Holy Thursday (All ages Faith Builders)

[SyracuseGoogleDoc](#): Holy Week Family Activities



[youtube.com](#): How to fold a palm cross (10 easy steps)

[youtube.com](#): Italian Cross and Heart tutorial

[Catholicicing.com](#): 10 Things to do with Palms

Holy Week in Hand Prints!

This is great way to journey with and accompany Jesus this Holy Week. Visit: [catholicicing.com](#)



Reverence for Blessed Palms

Because the palms are blessed, they are now sacramentals, which "are sacred signs instituted by the Church. They prepare [us] to receive the fruit of the sacraments and sanctify different circumstances of life" (Catechism of the Catholic Church, 1667). Sacramentals should be treated with respect and never be thrown away. Palms may only be burned or buried.



Catholic Kids Media Palm Sunday and the Passion

Adapted from the Gospel of Mark



Holy Week





March 24, 2024

2024 - A Year of Prayer

'Jesus was praying in a certain place, and when he finished, one of his disciples said to him,

"Lord, teach us to pray..." - Luke 11:1

Prayer@HOME

Cut & Pray!

"We adore Thee,
O Christ,
and we praise Thee,
because by
Your holy cross,
You have redeemed
the world."



Scripture Verse of the Week From Sunday's Mass



Christ became obedient to the
point of death,
even death on a cross.
Because of this, God greatly
exalted him
and bestowed on him the name
which is above every name.
-Philippians 2:9-10

You may be familiar with the repetitive chant that is sung, "Jesus, Remember Me." This is among the best-known refrains from the Taizé Community in France. "Jesus, Remember Me" is a short refrain that quotes Luke 23:42:

One of the robbers crucified with the Savior cried out, "Jesus, remember me when you come into your kingdom" (Luke 23:42). Jesus responded, "I tell you the truth, today you will be with me in paradise" (v. 43). This humble plea of a sinner for divine mercy is all the more poignant today as our Savior in heaven continues to pray for his people.

During this Holy Week, add this hymn to your prayer time as you journey with and accompany Jesus to Jerusalem.

[Youtube: JESUS, REMEMBER ME](#)
Composer: Jacques Berthier (1978)



bit.ly/JesusRememberMe

Practice reverence in Mass this week and every week. Genuflect when passing in front of the tabernacle. Silently say a prayer as you gaze upon the crucifix. Participate prayerfully during the Mass. Be reverent to others outside of the church.

Building Prayer Time @ Home

This will be a series of family activities to try as your families start or strengthen prayer time.

Dating back centuries, the tradition of The Visiting of Churches on the evening of Holy Thursday following the Mass of the Lord's Supper invites the faithful to journey from church to church, symbolizing the disciples' vigil with Jesus in the Garden of Gethsemane. We invite you to partake in this meaningful pilgrimage across the Diocese of Syracuse. Plan your own pilgrimage of churches for the evening, immersing yourself in prayer, contemplation, and reverence as we prepare our hearts for Easter. This is a great tradition to begin with your family.

[View the interactive map](#) on our website of churches across the Diocese of Syracuse that will be open for visitation on Holy Thursday - locations are added weekly!



Syracusediocese.org

Here's how to make a Seven Churches Visitation on Holy Thursday

This article provides a nice guide to follow as you pray at each church you visit.



thecatholictelegraph.com